



SERMON DISCUSSION QUESTIONS

James Forsyth — Psalms ch 1 & 2 (1:1-6 & 2:1-12)

Anatomy of the Soul: Emotions In The Book of Psalms | July 9, 2017

1. What has been your previous experience with the book of Psalms??
2. What type of background do you come from in regards to emotions? For example; was your family very emotional or were emotions typically discouraged?
 - a. How do you feel like your upbringing has affected your own emotional progression?
3. The sermon pointed to two themes in the Psalms: God's law and God's Messiah. Just having the first without the second can be crushing. Do you know anyone who seems to be trying to satisfy God's law without "taking refuge" in God's Messiah?
 - a. On the other end, believing in the Messiah without seeking to live by his law can lead to believing in "cheap grace." We tend to often float back and forth between the above two extremes. Where do you find yourself in this area between God's Law and God's grace?
4. James made the statement that "A relationship with God is direct and intimate, but above all it is honest." What does your prayer life tend to look like? Is it difficult for you to be honest with God?
5. There were six genres of the Psalms that were mentioned. They were: Lament, Thanksgiving, Confidence, Remembrance, Wisdom, and Praise. Of these genres, which ones reflect your current disposition towards God or life in general?
6. James' summary of the book of Psalms was "The book of Psalms equips us to experience the full range of human emotions, so that we may be faithful to God's law as we await our Messiah." Do you find yourself truly hoping for the return of Christ? Why or why not?